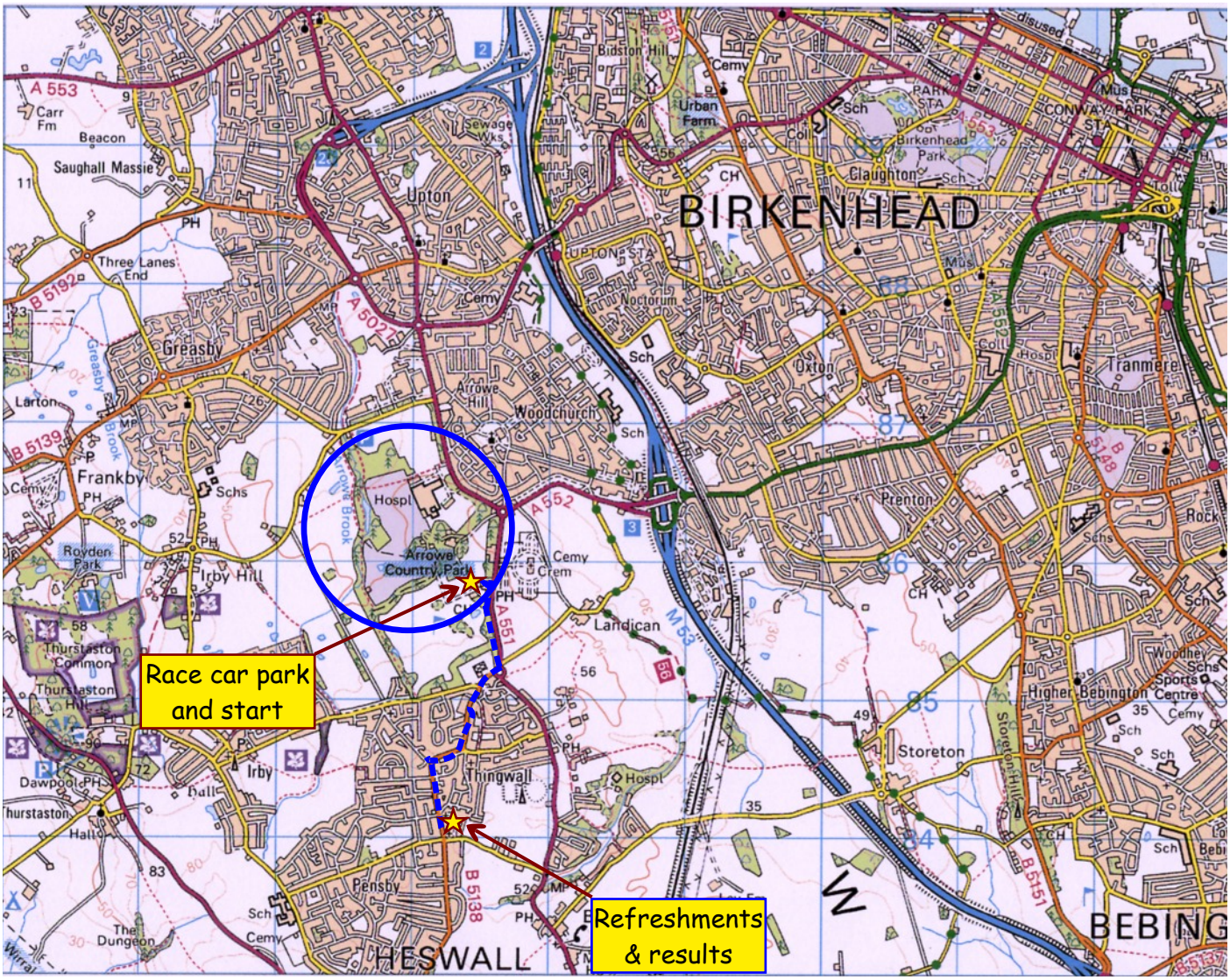
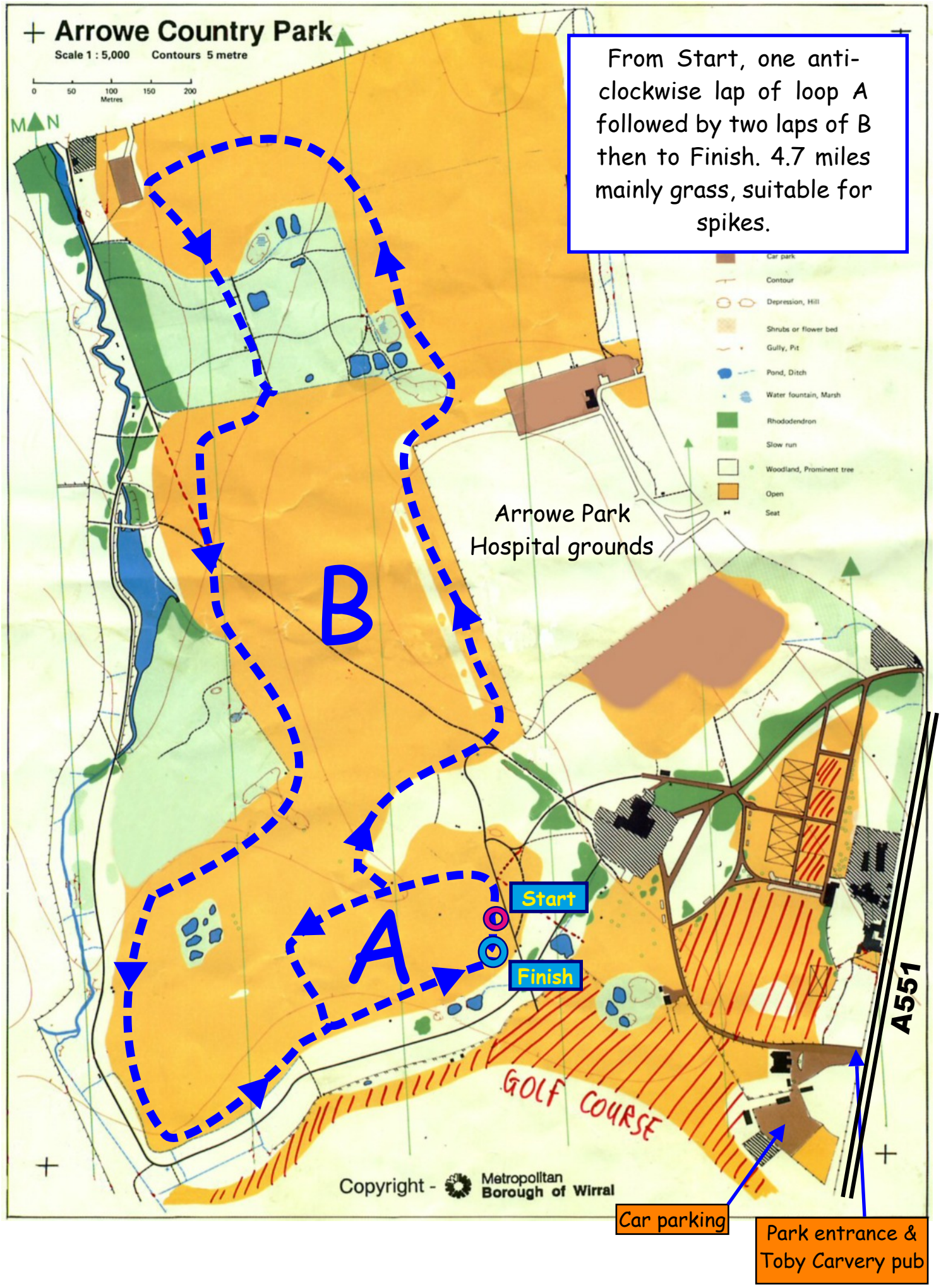
CROSS-COUNTRY RACE

ARROWE PARK - 10.00 am, Sunday, December 10th, 2017



From M53 Junction 3 take the A552 towards Upton / West Kirby / Heswall / Hospital.
At lights turn left onto A551 for Heswall / Thingwall.
At second lights turn right into Arrowe Park at Toby Carvery Arrowe pub.

Route marked on map to Pensby Recreational Centre for refreshments and results.
Turn right onto A551 to mini-roundabout. Turn right onto B5138 for Pensby and Heswall. Pass Taurus Tyres on the right and the Centre is on the left before the traffic lights. Turn into large car park through gate in white fence.


Arrowe Country Park
Scale 1 : 5,000 Contours 5 metre
0 50 100 150 200
Metres
M N
From Start, one anti-clockwise lap of loop A followed by two laps of B then to Finish. 4.7 miles mainly grass, suitable for spikes.
Car park
Contour
Depression, Hill
Shrubs or flower bed
Gully, Pit
Pond, Ditch
Water fountain, Marsh
Rhododendron
Slow run
Woodland, Prominent tree
Open
Seat
Arrowe Park
Hospital grounds
B
A
Start
Finish
GOLF COURSE
A551
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Car parking
Park entrance & Toby Carvery pub