



**LADIES RUNNING CLUB**

# WIDNES WASPS

## BEGINNERS ROTA

07/03/2017	Rachel Kuypers	Carolyn Rigby	
14/03/2017	Barbara Shepherd	Yvonne Dale	
21/03/2017	Helen Beckett	Maria Kearns	
28/03/2017	Lynsay Adair	Claire Kilgallon	
04/04/2017	Hayley Macgugan	Emma Buckley	
11/04/2017	Margy Green	Jane Gandy	
18/04/2017	Rachael Hughes	Sandra Campbell	
25/04/2017	Deansie Phillips	Sarah Seddon	
02/05/2017	Paula Bolland	Denise Lee	
09/05/2017	Stacey Clarke	Catherine Mcgann	
16/05/2017	Jo McGillicuddy	Helen Davies	
23/05/2017	Marlene Webster	Kate Critchley	Sharon Coulson
30/05/2017	Paula Day	Agata Rutkowska	
06/06/2017	Linda Moore	Nicola Daley	
13/06/2017	Sandra Bentley	Clare Jennings	Kelly Woodward
20/06/2017	Juie Moses	Michele Lindsay	
27/06/2017	Susan Campbell	Helen D Moore	
04/07/2017	Vicky Ferguson	Beth Mahon	
11/07/2017	Michelle Moulds	Gemma Mcgeevy	
18/07/2017	Jo Moyers	Emma Stubbs	
25/07/2017			

All beginners should approach either a Committee Member or the nominated guides above on arriving at the Club.